

5 Texts to Send to Your Teen

1.) If you need to talk, to listen, or you just want me to sit by you, I am here for you.

2.) I love you and I am grateful that you are such an incredible teenager. You make my life full.

3.) I am proud of you for_____.

4.) You are strong, brave, and resilient.

5.) I might be overbearing at times and I don't mean to be in your space. I just want to be part of your life.

What can I do that will allow you to let me in?

(773) 559 4500

www.bulldogsolution.com

www.kortneypeagram.com