

# 10 CONVERSATION STARTERS FOR YOU AND YOUR TEENS

1. Who do you look up to?
2. Name a few of your favorite things.
3. What do you like to do at recess?
4. What makes you happy?
5. What makes you feel safe?
6. What are some of your dreams and aspirations?
7. Tell me more about your favorite video game. I want to learn more about it.
8. Who is your best friend and what can you tell me about them?
9. What's it like to be a teenager with constant access to social media and technology?
10. How can I show you love and respect?